



# North Carolina Registry of Interpreters for the Deaf

And

## Land O' Sky RID



### WHAT WAS THAT NOISE? DOES IT NEED TO GO TO THE SHOP? INTERPRETER MAINTENANCE



Presented by Tanya Miller and Kathleen Speckhardt  
Saturday, Jan 21, 2012

**Workshop Description:** *It is time to bring that interpreter into the shop for maintenance! In general, we tend to worry about taking care of our cars and homes so that they will run well and last long. How many of us stop to take care of ourselves? This workshop will focus on the physical and mental wellbeing of interpreters including, but not limited to, exercises that help prevent repetitive use injuries, coping techniques, and how Control-Demand Schema and team interpreting play a part in an interpreter's wellbeing.*

**Presenters:** *Tanya Miller attended the Gardner Webb College Sign Language Studies program. She received an Associate in Arts degree from Western Piedmont Community College. Tanya started working as a free-lance interpreter in 1994. For 8 years she was the Disability Services Assistant at WPCC. After that time, Tanya, went on to interpret in the public school system for 3 years. Tanya has a full North Carolina Interpreter License and a level B from NCICS. She is currently working for the Division of Services for the Deaf and the Hard of Hearing as the Interpreting Services Specialist. She serves as the First Vice President/CMP Coordinator for NCRID and Program Coordinator for Foothills NCRID. Tanya received the 2010 NCRID Interpreter of the Year Award. Kathleen Speckhardt BA, NIC, graduated from the University of South Florida Interpreting Training Program in 2003. Since that time, she has enjoyed the different aspects of Interpreting; from all levels of educational interpreting to the various settings of freelance. Before moving to Asheville, to be closer to her husband's family, Kathleen spent 6 years in the Florida Palm Beach County School District and served as a board member for the Florida Registry of Interpreters for the Deaf. She currently works as the Interpreting Services Specialist with the NC Division of Services for Deaf and Hard of Hearing. She is an active person who enjoys the hiking trails in Western North Carolina, spin class, yoga, and chasing after her little girl, Katija.*

### Workshop Details

**When:** Saturday, Jan 21, 2012

**Where:** AB Tech Comm College: 340 Victoria Rd, Asheville, NC 28801  
Thomas W. Simpson Admin Building, Lecture Hall

**Time:** 9:00 am – 3:00 pm (1 hr lunch on your own)

**Cost:** Early Reg: \$40 member or student, \$50 non-member

*EARLY REGISTRATION MUST BE RECEIVED BY JAN 16, 2012*

**At the door:** \$50 member or student, \$60 non-member

This **Professional Studies** program is offered for **.05 CEUs**. Content Knowledge Level: Some

NCRID is an Approved RID CMP Sponsor for Continuing Education Activities.

This training will be conducted in spoken English.

**Mail Your Early Registration To:**

LSRID  
P.O. Box 1153  
Asheville, NC 28802

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Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: (    ) \_\_\_\_\_ (Voice) \_\_\_\_\_ (TTY) \_\_\_\_\_

Email: \_\_\_\_\_

Category: \_\_\_\_\_ No. of people: \_\_\_\_\_ Total Amount: \_\_\_\_\_

Cash \_\_\_\_\_ Check No. \_\_\_\_\_ Rct. \_\_\_\_\_ Listed \_\_\_\_\_

For: January 21, 2012 Miller/Speckhardt